

The Burdens Of Life

Psalms 55:22, "*Cast thy burden upon Jehovah, and he will sustain thee: He will never suffer the righteous to be moved.*"

1

Three Things To Be Done With Burdens

- ▶ Galatians 6:2, "*Bear ye one another's burdens, and so fulfil the law of Christ.*"
- ▶ Galatians 6:5, "*For each man shall bear his own burden.*"
- ▶ Psalms 55:22, "*Cast thy burden upon Jehovah, and he will sustain thee: He will never suffer the righteous to be moved.*"

2

The Burdens Of Life

- ▶ Galatians 6:2, "*Bear ye one another's burdens (baros), and so fulfil the law of Christ.*"
 - weight; in the NT only figuratively, a load, abundance, authority: (Strong)
- ▶ Galatians 6:5, "*For each man shall bear his own burden (phortion)*"
 - i.e. (figuratively) a task or service (Strong), load (Thayer)

3

Definitions

- ▶ In 6:2 the word for burden is *báros*, a burden or difficulty.
- ▶ In 6:5 the word for burden is *phortion*, responsibility.
- ▶ In the first case, Christians are being enjoined to help each other bear up under the vicissitudes of life. In the last case, Christians are told that each person must assume responsibility for his particular (*idios*, one's own) duties in life; they have no right to shirk their responsibilities or to expect others to perform them. (The Complete Word Study Dictionary)

4

Definitions

- ▶ Psalms 55:22, "*Cast thy burden upon Jehovah, and he will sustain thee: He will never suffer the righteous to be moved.*"
- ▶ "cast on thy lot (the care, anxiety, etc. which are thy portion)" (Brown-Driver-Briggs Hebrew and English Lexicon)

5

"Every Man Shall Bear His Own Burden" Galatians 6:5

- ▶ **Some Burdens Cannot Be Transferred.**
 - The Lord has given to each man his own work. (Mark 13:34; Galatians 6:4)
 - Believe, Repent, Confess, Baptism.
 - Be faithful.
 - Answer in Judgment. (Romans 14:12; 2 Corinthians 5:10; Romans 2:16)
 - Can't get lost in a crowd. (Hebrews 4:13)
 - "Jehovah looketh from heaven: He beholdeth all the sons of men" Psalms 33:13

6

“Bear Ye One Another’s Burdens” Galatians 6:2

- ▶ **Some burdens are to be shared.** Philippians 2:4; cf. 2:20
 - Context. Galatians 6:1
 - “*Restore*” – “to render *artios*, i.e. fit, sound, complete. to mend (what has been broken or rent), to repair” Matthew 4:21 (Thayer)
 - “*In the spirit of gentleness*” Philippians 2:3–4

7

“Bear Ye One Another’s Burdens” Galatians 6:2

- ▶ **Some burdens are to be shared. Philippians 2:4; cf. 2:20**
 - The burdens of life. (Job 1; cf. 1 Kings 19; 1 Samuel 18:10)
 - The burden of sickness. (Psalms 35:13; Matthew 25:36)
 - The burden of sorrow. (Romans 12:15; 1 Corinthians 12:26)
 - The burden of sin. (1 Samuel 15:35)
 - The burden of leadership.
 - Elders. (Hebrews 13:17; Acts 14:23)
 - Preachers. (Ephesians 6:18ff)
 - Civil Rulers. (1 Timothy 2:1–2)

8

How May We Help People To Bear Their Burdens?

- ▶ Living the right kind of lives ourselves. 1 Peter 2:21
- ▶ Encouragement. 1 Thessalonians 5:14; Romans 15:1–3
 - By believing people can change. 1 Thessalonians 5:14

9

“Cast Thy Burden Upon The Lord.” Psalms 55:22

- ▶ **Some burdens are beyond the reach of human effort.**
 - When life’s seemingly unbearable burdens come, we should cast them upon the Lord. 1 Peter 5:7; cf. Philippians 4:4–7; Matthew 6:25–34
 - Can’t say, “Lord, You don’t understand.” cf. Hebrews 2:17; 4:14–16; Philippians 2:5ff

10

“Cast Thy Burden Upon The Lord.” Psalms 55:22

- ▶ ***The Lord Understands:***
 - ▶ Mark 14:36, “*And he said, Abba, Father, all things are possible unto thee; remove this cup from me: howbeit not what I will, but what thou wilt.*”
 - ▶ Luke 22:42, “*saying, Father, if thou be willing, remove this cup from me; nevertheless not my will, but thine, be done.*” cf. John 12:27ff
 - cf. 2 Corinthians 12:7–10, “*My grace is sufficient for thee: for (my) power is made perfect in weakness.*”

11

Conclusion: Three Things To Be Done With Burdens

- ▶ Galatians 6:2, “*Bear ye one another’s burdens, and so fulfil the law of Christ.*”
- ▶ Galatians 6:5, “*For each man shall bear his own burden.*”
- ▶ Psalms 55:22, “*Cast thy burden upon Jehovah, and he will sustain thee: He will never suffer the righteous to be moved.*” (1 Peter 5:7) “*casting all your anxiety upon him (ASV), because he careth for you.*” (Isaiah 53:5–6)

12